

# Organic and Locally Grown Foods

Organic Food – Food that is grown without using any chemicals (pesticides, fertilizers, etc)

<b>Advantages</b>	<b>Disadvantages</b>
Healthier - More Nutrients Better Taste No Chemicals Doesn't Poison the Soil Doesn't Poison the Animals	Expensive Smaller Variety Go Bad Faster Could Get Disease

Locally Grown Food – Food that is grown near where we live.

<b>Advantages</b>	<b>Disadvantages</b>
Keeps Money in Community Fresher - Less Travel Time Can be Cheaper	Shorter Growing Seasons Smaller Variety Disease Could Wipe Out Source